

# Rehabilitation of the neuromuscular patient

**Saturday 19 March 2022**

WEBINAR

Patients with neuromuscular disorders are a diverse population due to the variety of neuromuscular pathologies involved. On this day, international and national speakers will bring an overview of these pathologies and their consequences, provide a focused insight in the therapeutic assessment and treatment of this population including respiratory management, and present clinical aspects including case discussion from different European clinical settings.

We invite registrations from everyone professionally involved or interested in care of people with neuromuscular disorders.

Programme<sup>1</sup>:

09:30-09:35: Welcome (Prof. Geert Verheyden)

09:35-10:05: **An overview of neuromuscular disorders**  
*Prof. Dr. Kristl Claeys, University Hospitals Leuven and KU Leuven, Belgium*

10:05-10:35: **Respiratory pathophysiology in neuromuscular disorders**  
*Prof. Dr. Dries Testelmans, University Hospitals Leuven and KU Leuven, Belgium*

10:35-11:05: **Palliative care in neuromuscular disorders**  
*Prof. Dr. David Oliver, University of Kent, UK*

**11:05-11:20: Break**

11:20-11:50: **Aerobic physical training in patients with ALS**  
*Dr. Annerieke van Groenestijn, Amsterdam University Medical Centre, the Netherlands*

11:50-12:20: **Training and fatigue in people with FSHD and myotonic dystrophy (Steinert)**  
*Dr. Nicole Voet, Radboud University Medical Centre, Nijmegen and Klimmendaal Rehabilitation Centre, Arnhem, the Netherlands*

12:20-12:50: **Physical therapy in patients with idiopathic inflammatory myopathies (myositis)**  
*Dr. Helene Alexanderson, Karolinska University Hospital and Karolinska Institute, Stockholm, Sweden*

**12:50-14:00: Break**

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<sup>1</sup> Provisional programme. Alterations possible.

- 14:00-14:30: **De Nederlandse richtlijn fysiotherapie bij ALS (in Dutch)**  
*Jaap Bakers, Utrecht University Medical Centre, the Netherlands*
- 14:30-15:00: **Physiotherapy in patients with Charcot-Marie-Tooth neuropathy (in English)**  
*Magdalena Dudziec, Kingston and St. Georges University London, UK*
- 15:00-15:30: **Tips en tricks vanuit de neuromusculaire praktijk (in Dutch)**  
*Elke van Camp en Febe Schaubroeck, UZ Leuven & Sylvia Wittevrongel, UZ Gent, België*
- 15:30-15:45: Break**
- 15:45-16:15: **Klinische schalen bij neuromusculaire aandoeningen (in Dutch)**  
*Marleen van den Hauwe, Elke Van Camp en Febe Schaubroeck, UZ Leuven, België*
- 16:15-16:45: **Non-invasive respiratory care for neuromuscular patients (in English)**  
*Dr. Bart Vrijssen, UZ Leuven, België*
- 16:45-17:15: **Cough assistance techniques in neuromuscular disorders (in English)**  
*Dr. Michelle Chatwin, Royal Brompton Hospital, London, UK*
- 17:15: End of programme**

Your registration includes all presentations of the day (if provided by speakers).  
Cancellation policy of the post-academic education of the Faculty of Movement and Rehabilitation Sciences applies.

Registration possible soon via the following link:  
<https://faber.kuleuven.be/nl/III/aanbod/19.03.2022-neuro>

Registration closes on Friday 11 March at 23:59.

**Organising committee:** Prof. Dr. Kristl Claeys, neurologist specialised in neuromuscular disorders (UZ Leuven & KU Leuven), Elke Van Camp and Febe Schaubroeck, physiotherapists specialised in neuromuscular disorders (UZ Leuven), Dr. Bart Vrijssen, physiotherapist specialised in respiratory care (UZ Leuven) and Prof. Geert Verheyden, senior faculty of the neurorehabilitation research group and coordinator of the MSc neurorehabilitation major programme (KU Leuven).